Beware of Meeyowa Monstera, the Cat Haisess. For people with cat allergies, a nine-pound cat like Meeyowa is nearly as bad as having a tiger living in the house, but she can sure make you feel sick, causing sneezing and wheezing. Your doctor might suggest medicines, including allergy shots, to help you. Allergy shots can also be used to control allergies to other bad guys, like dust mites. Your doctor may also suggest some medicines and will tell you how to avoid those things that cause problems for you.

If you visit someone who has a cat at their house, take a shower and wash your hair and clothes as soon as you get home.