

Asthma Visit Checklist for the Provider

Control

- Establish the patient's and family's concerns, goals and needs
- Update asthma history and level of control from prior year
 - How has asthma affected the child's activity level, attendance and school performance?
- Assess asthma severity and current level of asthma control
 - Identify barriers to medication adherence

Rescue

- Does the patient/family understand the AAP and how to track their symptoms?
 - Have they recognized changes over certain times of the year?
- Discuss when and how frequently relievers should be used
 - Routinely or only for certain activities such as exercise?
- Establish good inhaler technique with a spacer
- Evaluate/discuss child's readiness to self-carry asthma medication
 - Establish barriers at school to self-carry and administer medications
 - Propose solutions if barriers identified
- Identify the resources at school to support a child with asthma:
 - If known, document the name, contact information and school resource person responsible for dealing with an asthma flare
- Is there an emergency plan in place to manage severe asthma exacerbations?

School and Environment

- Identify asthma triggers and potential exposures at school (pets, irritants, allergens)
- Encourage parents to meet with the school nurse and discuss child's asthma management
- Identify barriers to the child seeking help with asthma management at school
- Consider establishing direct communication with the school nurse, especially for poorly controlled or non-adherent asthmatics

Forms and Supplies

- Transmit Asthma Action Plan and medication authorization form
- Transmit authorization for health care providers and school nurses to exchange health information
- Transmit authorization to have medication administered and self-carried at school

Provide/prescribe for school:

- Additional quick relief inhaler
- Valved-holding device (spacer) for school use.