

Nasal Sprays

Last updated March 2026

Nasal Sprays and Sinus Medications				
Generic Name	Brand Name	Class	Use	Usual Dosage
Azelastine	Astelin Nasal Spray [This is the same medication as Optivar (eye drop).]	Antihistamine	Management of symptoms associated with seasonal allergic rhinitis (hay fever) in children and adults over 5 years of age. Management of symptoms associated with non-allergic/vasomotor rhinitis and allergic rhinitis (hay fever) ages 12 and above.	Children 5 to 11: 1 spray per nostril twice a day Children and adults 12 and older: 2 sprays per nostril twice a day
	Astepro (0.1%, 0.15%)	Antihistamine	Seasonal and perennial allergic rhinitis (hay fever)	Adults: vasomotor rhinitis 12 years or older: 2 sprays per nostril BID Children: seasonal allergic rhinitis 2-6 < 6 years 0.1%: 1 spray per nostril BID 6-12 years 0.1% or 0.15%: 1 spray per nostril BID Perennial allergic rhinitis 6 months - < 6 years 0.1%: 1 spray per nostril BID

				6-<12 years 0.1% or 0.15%: 1 spray per nostril BID
Azelastine and Fluticasone Propionate	Dymista Dymista.com (This is a combination of the medicines found in Flonase and Astepro)	Nasal Antihistamine and Nasal Steroid	Seasonal allergic rhinitis (hay fever) ages 6 and over.	Children and Adults 6 years or older, 1 spray in each nostril 2 times a day.
Beclomethasone Dipropionate (Dry nasal spray)	Q-Nasl QNasl.com	Steroid	Seasonal and perennial nasal allergies (hay fever) in 12 years or older. Seasonal and perennial nasal allergies in children 4- 11.	2 sprays each nostril once a day- 80 mcg/spray 1 spray in each nostril once a day – 40 mcg/spray
Budesonide	Rhinocort [This is the same medication that is in Pulmicort.]	Nasal Steroid	Seasonal and year round allergic rhinitis (hay fever) age 6 and older.	Age 12 and older: 1 to 4 sprays each nostril Age 6 to 11: 1 to 2 sprays each nostril
Ciclesonide	Omna- ris Nasal Spray [This is the same medication that is in Alvesco.]	Nasal Steroids	Management of nasal symptoms associated with: Seasonal allergic rhinitis (hay fever) age 6 and older. Year round or perennial allergic rhinitis (hay fever) age 12 and older.	Seasonal allergic rhinitis: Age 6 and older 2 sprays each nostril once a day Perennial allergic rhinitis: 12 years of age and older 2 sprays each nostril once a day
	Zetonna [Dry nasal	Steroid	Seasonal and perennial nasal	1 spray each nostril once

	spray- same medicine as in Omnaris]		allergies (hay fever) in 12 years or older.	a day- 37 mcg/spray
Cromolyn Sodium	Nasal crom nasal spray Many OTC generic brands.	Mast Cell Inhibitor	To prevent and relieve symptoms of allergic rhinitis (hay fever).	Age 2 and older: 1 spray each nostril 3 to 4 times a day. This can be used every 4 hours up to 6 times a day
Flunisolide	Generic: Flunisolide 0.025% Solution There are several generic products available.	Nasal Steroids	Seasonal and year round allergic rhinitis (hay fever) age 6 and older.	Age 6 to 14: 1 spray each nostril 3 times a day <i>or</i> 2 sprays each nostril 2 times a day Age 15 and older: 1 to 2 sprays each nostril 2 to 4 times a day
Fluticasone Furoate	Flonase Sensimist Flonase Website	Nasal Steroid	Seasonal and perennial allergic rhinitis (hay fever)	2-11 y/o 1 spray each side per day 12 and above 2 sprays each nostril per day
Fluticasone Propionate	Flonase Nasal Spray Fluticasone Nasal Propionate Generic Generic products are also available. Flonase Website	Nasal Steroid	Management of nasal symptoms associated with seasonal and year-round allergic and non-allergic rhinitis (hay fever).	Age 4 and older: 1 spray in each nostril once a day (May use 2 sprays in each nostril for short time) Adults: 2 sprays in each nostril once a day; can also be 1 spray in each nostril twice a day Long-term use can

				reduce to one spray each nostril once a day
Fluticasone propionate 93 mcg	Xhance Xhance Website	Add-on treatment for uncontrolled chronic rhinosinusitis with nasal polyposis (CRSwNP) Nasal Steroid	18 and above	1-2 spray each nostril two times a day
Ipratropium Bromide	Atrovent Nasal Spray 0.03% Generic preparation are available. Ipratropium Nasal Spray 0.06% Ipratropium Nasal Spray 0.06% Package Insert Ipratropium Nasal Spray 0.03% Package Insert	Anticholinergic	0.03% Management of symptoms associated with rhinorrhea (runny nose) that is associated with seasonal allergic (hay fever) and non-allergic or vasomotor rhinitis. For children 6 and older and adults. 0.06% Above age 5 Symptoms such as runny nose associated with allergies and colds.	Age 5 and above; 2 sprays per nostril 2 or 3 times a day Do not use for more than 3 weeks for allergies
Mometasone Furoate Monohydrate	Nasonex Nasal Spray		Management of symptoms of allergic rhinitis (hay fever) (seasonal and year-round) age 2 and older. Prevention of seasonal allergic rhinitis (hay fever) symptoms age 12 and older (starting a 2 to 4 weeks before the season begins).	Children 2 to 11 years old: 1 spray in each nostril once a day. Age 12 and older: 2 sprays in each nostril once a day.

Olopatadine	Patanase [This is the same medication as Pataday and Patanol (eye drops).]	Antihistamine	Management of symptoms associated with seasonal allergic rhinitis (hay fever) age 6 and older.	Age 12 and older: 2 sprays each nostril twice daily Age 6-11: 1 spray in each nostril twice daily
Olopatadine and Mometasone furoate	Ryaltris (this is a combination of the medications found in Patinase and Nasonex).	Antihistamine and Nasal Steroids	For the treatment of symptoms associated with seasonal allergic rhinitis in adults and children aged 12 years and older.	Adults 12 and over 2 sprays in each nostril 2 times a day Children <12 not approved.
Oxymetazoline	Afrin and many other brands. Many OTC generic brands.	Decongestant	To reduce nasal swelling.	Age 6 and older Do not use these sprays for more than 3 days in a row
Triamcinolone Acetonide	Nasacort AQ Nasacort AQ Website Now OTC		Management of symptoms associated with seasonal and perennial allergic rhinitis (hay fever) age 6 and older.	Children 2-5: 1 spray in each nostril once a day Children 6 to 12: one to two sprays each nostril once a day Older than 12: 2 sprays into each nostril once a day