

Long-Acting Beta-Agonists (LABAs)

Last updated March 2026

<p>Long-acting beta-agonists (LABAs): The FDA has recommended LABAs be used ONLY in conjunction with inhaled steroids in asthma.</p>		
Generic Name	Brand Name	Usual Dosage
Albuterol Sulfate	VoSpireER Extended-Release Tablets	For relief of bronchospasm. Age 6 to 12: 4 mg every 12 hours Age 12 and older: 4 mg or 8 mg every 12 hours
Salmeterol Xinafoate Boxed Warning*	Serevent Diskus (Serevent is the medication. Diskus is the inhaler)	Prevent asthma symptoms in patients 4 and older One inhalation every 12 hours Prevent exercise-induced asthma in patients 4 and older
<p>*Brovana and Perforomist are LABA medication approved for use in COPD not asthma. They are listed here for informational purposes only.</p>		
Arformoterol Tartrate	Brovana Inhalation Solution Brovana Website	One 15 mcg vial every 12 hours by compressor/nebulizer Approved for use in adults To prevent bronchoconstriction in patients with COPD (chronic bronchitis and emphysema)
Formoterol Fumarate (inhalation solution)	Perforomist Inhalation Solution Perforomist Website	Long-term control of COPD (chronic bronchitis and emphysema) 20 mcg nebule every 12 hours
Olodaterol (2.5 mcg)	Striverdi Respimat Striverdi Website	2 puffs daily COPD - adults
Combination		
Budesonide In combination with	Symbicort 80/4.5 Maintenance	Symbicort 80/4.5: Single-inhaler maintenance and reliever therapy

<p>Formoterol (bronchodilator)</p>	<p>of asthma ages 6-11</p> <p>Symbicort 160/4.5 Maintenance of asthma ages 12 and over</p> <p>Also available as a generic - Breyna.</p> <p>Symbicort Website</p> <p>Breyna Website</p>	<p>1-2 puffs once or twice daily then q4hrs PRN. Max 8 puffs/day</p> <p>Symbicort 160/4.5: Single-inhaler maintenance and reliever therapy 1-2 puffs once or twice daily then q4hrs PRN. Max 12 puffs/day</p> <p>Prescriber should designate the exact strength 80/4.5 or 160/4.5</p>
<p>Budesonide/Glycopyrrolate/Formoterol</p>	<p>Breztri Aerosphere</p> <p>Breztri Aerosphere Website</p>	<p>COPD Maintenance treatment in adults, 2 puffs twice a day.</p>
<p>Fluticasone Furoate, Umeclidinium, and Vilanterol Inhalation Powder</p>	<p>Trelegy Ellipta 100/62.5/25 mcg</p> <p>Trelegy Website (COPD)</p> <p>Trelegy Ellipta 200/62.5/25 mcg</p> <p>Trelegy Website (asthma)</p>	<p>Maintenance treatment of COPD Maintenance treatment of asthma ages 18 and older</p> <p>1 puff per day</p> <p>Maintenance treatment of asthma ages 18 and older</p> <p>1 puff per day</p>
<p>Fluticasone Propionate and Salmeterol</p>	<p>AirDuo Respiclick 55/14, 113/14 and 232/14 and also generic of each.</p> <p>Myairduo Website</p>	<p>12 and over maintenance treatment of asthma</p> <p>1 puff twice a day</p>
<p>Fluticasone in Combination with</p>	<p>Advair Diskus 100/50</p>	<p>Control/prevent asthma</p>

<p>Salmeterol (bronchodilator)</p>	<p>Advair Diskus 250/50</p> <p>Advair Diskus 500/50</p> <p>Advair Diskus Product Information and Package Insert</p> <p>Advair HFA 45/21</p> <p>Advair HFA 115/21</p> <p>Advair HFA 230/21</p> <p>Advair HFA Package Insert</p> <p>Also available as a generic.</p>	<p>Advair Diskus 100/50 is for age 4 to 11</p> <p>Advair Diskus 100/50, 250/50 and 500/50 are for age 12 and older</p> <p>One inhalation twice daily</p> <p>Advair HFA (all 3 strengths) Age 12 and older</p> <p>2 inhalations twice a day</p>
<p>Fluticasone Furoate 50 mcg and Vilanterol 25 mcg</p>		<p>For maintenance treatment of asthma in children 5-11 years old.</p> <p>1 puff once a day.</p>
<p>Fluticasone Furoate 100 mcg and Vilanterol 25 mcg</p>	<p>Breo Ellipta</p> <p>Breo Website</p> <p>Also available as a generic.</p>	<p>For maintenance treatment and exacerbation reduction in COPD</p> <p>Maintenance of asthma age 18 and above.</p> <p>1 puff once a day</p>
<p>Fluticasone Furoate 200 mcg and Vilanterol 25 mcg</p>	<p>Breo Ellipta</p> <p>Breo Website</p> <p>Also available as a generic.</p>	<p>For maintenance treatment and exacerbation reduction in COPD</p> <p>Maintenance of asthma age 18 and above.</p> <p>1 puff once a day</p>
<p>Glycopyrrolate/ Formoterol Fumarate</p>	<p>Bevespi Aerosphere</p> <p>Bevespi Website</p>	<p>COPD Maintenance Treatment Adults</p> <p>2 puffs twice a day</p>

<p>Mometasone in Combination with Formoterol (bronchodilator)</p>	<p>Dulera 100/5 and 200/5</p> <p>50/5</p> <p>Dulera Website</p>	<p>Control/prevent asthma For ages 12 and above</p> <p>Two puffs two times a day</p> <p>For children aged 5-11 and the dose is 2 puffs twice a day.</p>
<p>Tiotropium 2.5 mcg and Olodaterol 2.5 mcg</p>	<p>Stiolto Respimat</p> <p>Stiolto Website</p>	<p>COPD- adults 2 puffs daily</p>
<p>Umeclidinium and Vilanterol</p>	<p>Anoro Ellipta 62.5.25 mcg</p> <p>Anoro Website</p>	<p>Maintenance treatment of airflow obstruction in COPD</p> <p>One inhalation once a day</p>

**Boxed Warning – this label indicates that the product, per the FDA, may have serious safety risks. Please speak with your health care provider or pharmacist to learn more about the potential side effects.*

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