

Leukotriene Modifiers - Allergic Rhinitis

Last updated March 2026

Leukotriene Modifiers: These medications are used for relief of allergic rhinitis symptoms.				
Generic Name	Brand Name	Class	Use	Dosage
Montelukast Boxed Warning*	Singulair 4 mg Chewable 4 mg Oral Granules 5 mg Chewable 10 mg Tablet Singulair Website	Leukotriene Antagonist	Seasonal allergic rhinitis (age 2 and older) Perennial allergic rhinitis (age 6 months and older)	Age 6 to 23 months: Use granules, 4mg daily. Age 2 to 5: One oral granule packet or 4 mg chewable tablet once a day. Age 6 to 14: One 5 mg tablet once daily. Age 15 and above: One 10 mg tablet once daily.

**Boxed Warning – this label indicates that the product, per the FDA, may have serious safety risks. Please speak with your health care provider or pharmacist to learn more about the potential side effects.*