

Devices

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AAAAI experts offer information on devices that have been approved for use to treat or manage allergic rhinitis.

Generic Name	Brand Name	Class	Use	Usual Dosage
Hydroxypropyl Methylcellulose	Alzair Alzair Website	Mechanical Allergen Particle Blocker	Allergic rhinitis 8 years and above.	At least three times a day
Bioelectronic Sinus Device	ClearUP TivicHealth Website	Transcutaneous Electrical Nerve Stimulator For Pain Relief	Temporary Relief of sinus pain in allergic rhinitis for individuals 18 years of age and older.	Use 2-4 times daily
SONU Band	Acoustic resonance therapy	Personalized, treatment using Acoustic Resonance Therapy (ART).	SONU is indicated for the relief of moderate to severe nasal congestion due to allergic and non-allergic rhinitis in patients 12 years of age and older.	Twice a day for two weeks then three times per week.