

## Cromolyn, Theophylline and Phosphodiesterase Inhibitors

*Last Updated March 2026*

| Generic Name                                         | Brand Name                                              | Use                                                                                   | Usual Dosage                                                    |
|------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------|
| Cromolyn Sodium                                      | Generic Cromolyn Nebulizer Solution                     | Prevent and reduce the symptoms of asthma. Age 2 and older.                           | One 20 mg unit-dose vial 4 times a day.                         |
| Ohtuvayre                                            | Ensifentrine<br><a href="#">Ensifentrine Website</a>    | Maintenance treatment of COPD                                                         | Twice daily inhalation via nebulizer for the treatment of COPD. |
| Roflumilast                                          | Daliresp<br><a href="#">Daliresp Website</a>            | Maintenance treatment of COPD                                                         | 500 mg once a day                                               |
| Theophylline, Sustained release Tablets and Capsules | Multiple products: Uniphyll As well as generic versions | Long-term control and prevention of symptoms, especially nocturnal symptoms. Any age. | Variable in each individual based upon weight.                  |