

## Antihistamines

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Generic Name	Brand Name	Class	Use	Dosage
Acrivastine	Semprex-D Capsules	Antihistamine Decongestant	Allergic rhinitis	Age 12 and above, one capsule every 4 to 6 hours.
Brompheniramine	This generic medication appears in several combination products under a variety of different names.	Antihistamine OTC	Allergic rhinitis and other allergies	Read package label or discuss the proper dosing with your physician. Children under 6: discuss use with physician.
Carbinoxamine	4mg Tablets Liquid (4mg/5 mL) generic	Antihistamine	Seasonal and perennial allergic rhinitis Other allergies	Tablets Adults: 1 to 2 tablets, 3 to 4 times a day.  Age 6 to 11: ½ to 1 tablet; 3 to 4 times a day.  Liquid Adults: 1-2 teaspoons; 3 to 4 times a day.  Children older than 6: ½ to 1 teaspoon; 3 to 4 times a day.  Ask physician for dose under 6.  Do not use under age 2.
Cetirizine	Adults: Zyrtec Children: Zyrtec Allergy Syrup Zyrtec Chewable 5mg Zyrtec Chewable 10mg Zyrtec Hives Relief Syrup	Antihistamine OTC	Seasonal and perennial allergic rhinitis  Chronic urticaria	Children: 6 to 12 months: 1/2 tsp. (2.5 mg) once a day. 1 to 5 years: 1/2 tsp. [2.5 mg] Once or twice a day. 6 to 11 years: 1 or 2 tsp. [5 or 10 mg] Once a day.

	<a href="#">Zyrtec Website</a> Also appears as the generic cetirizine tablets and syrup as well as store brands of cetirizine.			12 and older: 5 or 10 mg once a day.
	Zyrtec-D 12 Hour <a href="#">Zyrtec-D Package Insert</a>	Antihistamine Decongestant OTC	Seasonal and perennial allergic rhinitis	Age 12 and older: One tablet twice daily.
Chlorpheniramine	Sold as Chlor-Trimeton and under various store brand names or in combination products.	Antihistamine OTC	Allergic rhinitis and other allergies	Discuss proper adult dosing with your physician. Under age 6: Discuss use with physician.
Clemastine	Generic 1.34 Tab Generic 2.68 Tab Generic Syrup 0.5mg/5 mL Tavist Allergy	Antihistamine OTC (Syrup & 1.34mg tab) Rx (2.68 tab)	Allergic rhinitis Urticaria	Children: 1 tsp twice a day. Adults: 1.34 to 2.68 one to three times daily.
Cyproheptadine	Generic Syrup 2mg/5mL	Antihistamine	Allergic rhinitis Urticaria	Children: 2 to 6 years old: 0.25 mg/kg/day increasing to total of 2mg every 8 to 12 hours. Age 7 to 14: Can increase to 4 mg every 8 to 12 hours.
	Generic Tablets 4 mg			Adults: Allergic rhinitis 4 mg up to 3 times a day. Urticaria: 4 mg/3 times a day up to 0.5 mg/kg/day.
Desloratadine	Clarinet 5mg Tablets Clarinet 5mg Reditab Clarinet 2.5mg Reditab Clarinet 2.5mg/5 mL Syrup	Antihistamine	Seasonal allergic rhinitis: Age 2 and older Perennial allergic rhinitis: 6 months and older	Age 12 and older: 5 mg daily. Age 6 to 11: 2.5mg daily. Age 6 to 11 months: 2 mL = 1.0 mg daily.

	<a href="#">Clarinet Website</a>		Chronic urticaria: 6 months and older	
	Clarinet-D 12 Hour Clarinet-D 14 Hour  <a href="#">Clarinet and Clarinet D Website</a>	Antihistamine Decongestant	Seasonal allergic rhinitis age 12 and older	Age 12 and older: Clarinet-D 12 Hour: 1 tablet every 12 hours. Clarinet-D 24 Hour: 1 tablet once a day.
Diphenhydramine  <a href="#">Benadryl Website</a>	Available as: Generic Benadryl Various combination products	Antihistamine OTC Rx (50mg)	Seasonal allergic rhinitis Urticaria Motion sickness Insomnia	Age 2 to 6: Under physician's supervision. Age 6 to 12: 12.5 to 25 mg every 4 to 6 hours. Adults: 25 to 50 mg every 4 to 6 hours.
Fexofenadine	Allegra 30, 60 and 180 mg tablets Allegra ODT 30 mg Allegra Oral Suspension 30mg/5mL Fexofenadine (generic) 30, 60 and 180 mg tablets  <a href="#">Allegra Website</a>	Antihistamine	Seasonal allergic rhinitis Chronic urticaria	Allegra Oral Suspension: Allegra ODT: Allegra Tablets: Seasonal allergic rhinitis Chronic urticaria 12 and older 60 mg twice daily or 180 mg once a day Age 6 to 11: 30 mg twice a day Seasonal allergic rhinitis Chronic urticaria: Age 6 to 11: One 30 mg ODT twice a day Seasonal allergic rhinitis Age 2 to 11: 30 mg twice a day Chronic urticaria Age 6 months to 2 years: 15 mg twice a day Age 2 to 11: 30 mg twice a day
	Allegra-D 12 Hour Allegra-D 24 hour  <a href="#">Allegra-D Package Insert</a>	Antihistamine Decongestant	Seasonal allergic rhinitis	Age 12 and older: One tablet twice a day The 24-hour tablet is one a day.

Hydroxyzine	Hydroxyzine HCl: Tablets: 10,25 and 50 mg Hydroxyzine HCl Syrup: 10 mg/5 mL Hydroxyzine Pamoate and Vistaril: Capsules 10, 25 and 50 mg Oral Suspension: 25 mg/5 MI	Antihistamine	Itching associated with skin allergies	Under 6: Discuss with physician. Ages 6 to 12: 12.5 to 25 mg every 6 to 8 hours. Age 12 and older: 25 to 50 mg every 6 to 8 hours.
Levocetirizine	Xyzal 5mg Tablet Xyzal Oral Solution (2.5mg = 5 mL)  <a href="#">Xyzal Website</a>	Antihistamine	Seasonal and perennial allergic rhinitis Chronic urticaria	Age 6 to 11: 1 teaspoon (5 mL) or ½ tablet once a day in PM. Age 12 and older: 2 teaspoons (10mL) or 1 tablet each PM.
Loratadine	Alavert Tablets Claritin Tablets Claritin RediTabs Claritin Syrup Generic versions <a href="#">Alavert Website</a>  <a href="#">Claritin Website</a>	Antihistamine OTC	Allergic rhinitis Chronic urticaria	Age 2 to 6: 5 mg daily. Age 7 and above: 10 mg daily.
	Claritin-D 12 Hour Claritin-D 24 Hour  <a href="#">Claritin-D Information</a>	Antihistamine Decongestant OTC	Allergic rhinitis	Age 12 and above: Claritin D12 Hour: one tablet twice daily. Claritin D24 Hour: One tablet daily in the AM.