

## Food Allergy Stages:

Different skills are needed for managing food allergies at different ages. The Food Allergy Stages handouts were created to help your family manage and cope with food allergies as your child grows and develops.



*Basics for All Ages • Baby • Toddler • Preschool • Early Grade School  
Late Grade School • Early Teen • Late Teen • Young Adult*

*To access this free series of handouts:*

**Visit**

[aaaai.org/foodallergystages](https://aaaai.org/foodallergystages)

**Scan**



AAA 1022 01