

5 points to know: Genetic testing in A/I clinical practice



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1. Know the Indications

Allergic conditions

- Mastocytosis: *KIT* variants
- Hypereosinophilia: *JAK1*, *JAK2*, *FIP1L1-PDGFR*
- Primary atopic diseases: *STAT4*, *CARD11*, *CARD14*, *ERBB2*, *STAT5B*, *IL6ST*

1. Know the Indications

Workup for Inborn Errors of Immunity (IEI)

- Sequencing is indicated for any patient with suspected IEI
- Genetic diagnosis is potentially definitive for most forms of IEI
 - SCID/CID
 - Primary immunodysregulatory disorders
 - Autoinflammatory disorders
 - HLH-associated conditions
 - Syndromes with associated immunodeficiency

When to go hunting for gene defects?

- Early onset disease
- Sentinel infections
- Multi-system autoimmunity
- Severe atopy
- Families with multiple affected members

2. Know the tests

- **Next-gen sequencing**
 - Gene panel sequencing
 - Whole exome
 - Whole genome
- **Chromosomal microarrays**
 - For analysis of large deletions/duplications (e.g.: 22q11.2)
- **Specialty/targeted sequencing**
 - MLPA(for specific microdeletions)
 - Targeted sanger sequencing for familial mutations

Next-gen sequencing

- **Whole genome sequencing (WGS):** ideal for novel gene discovery
 - Primary limitation is cost / time required in data analysis
 - Total: 3.2 billion bp
- **Whole exome sequencing (WES):** Hybrid capture technology
 - Reduces time / cost of sequencing at the expense of eliminating noncoding sequences.
 - Total: ~30 million bp (1% of genome)
 - Still covers ~85% of disease-causing mutations

Next-gen sequencing

- **Gene panel sequencing: Phenotype-driven panels of genes**

- **Pros:**

- Often results quickly, with standardized analysis pathways

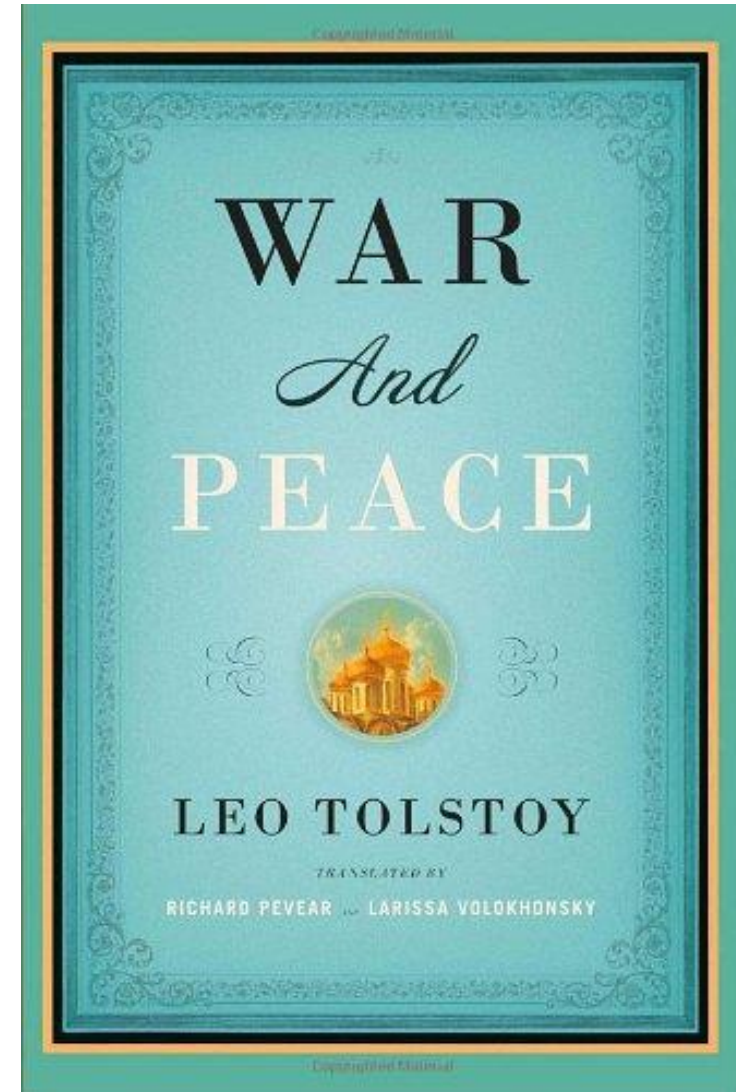
- **Cons**

- Gene lists are quickly outdated
- Methods and hit rate vary widely by company
 - A negative test result generally means nothing.

<i>Company</i>	<i>Panel</i>	<i># of genes</i>
Invitae	PID panel	474
Blueprint	PID panel	336
Fulgent	PID panel	592

WGS vs. WES Sequencing

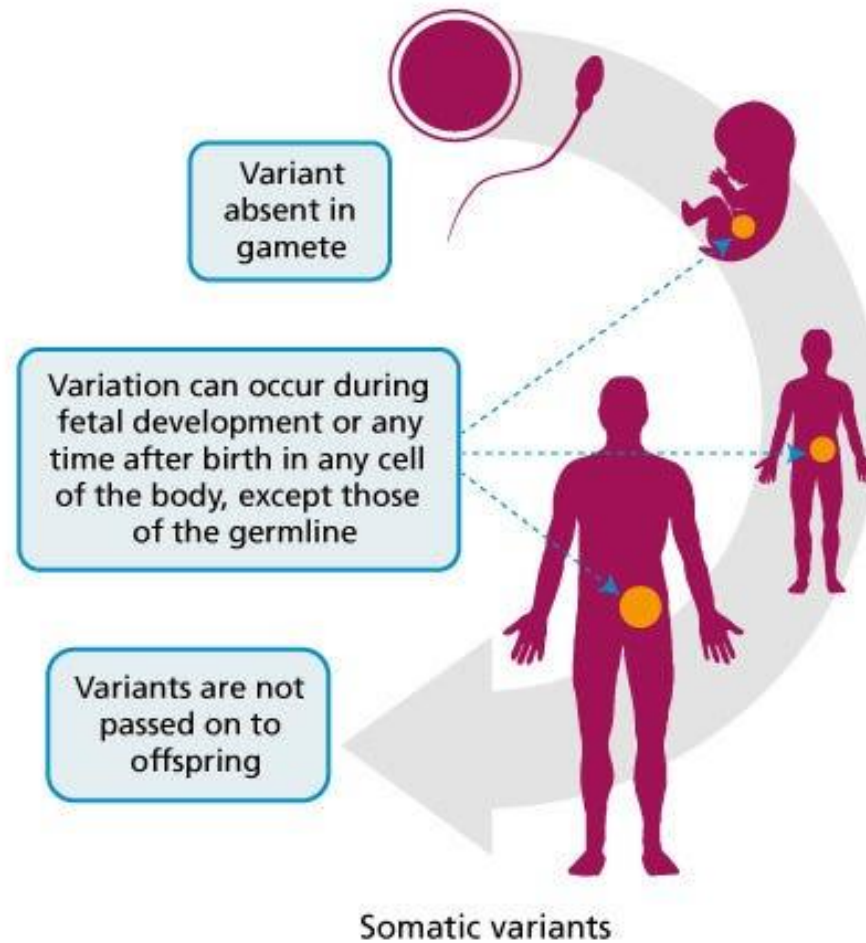
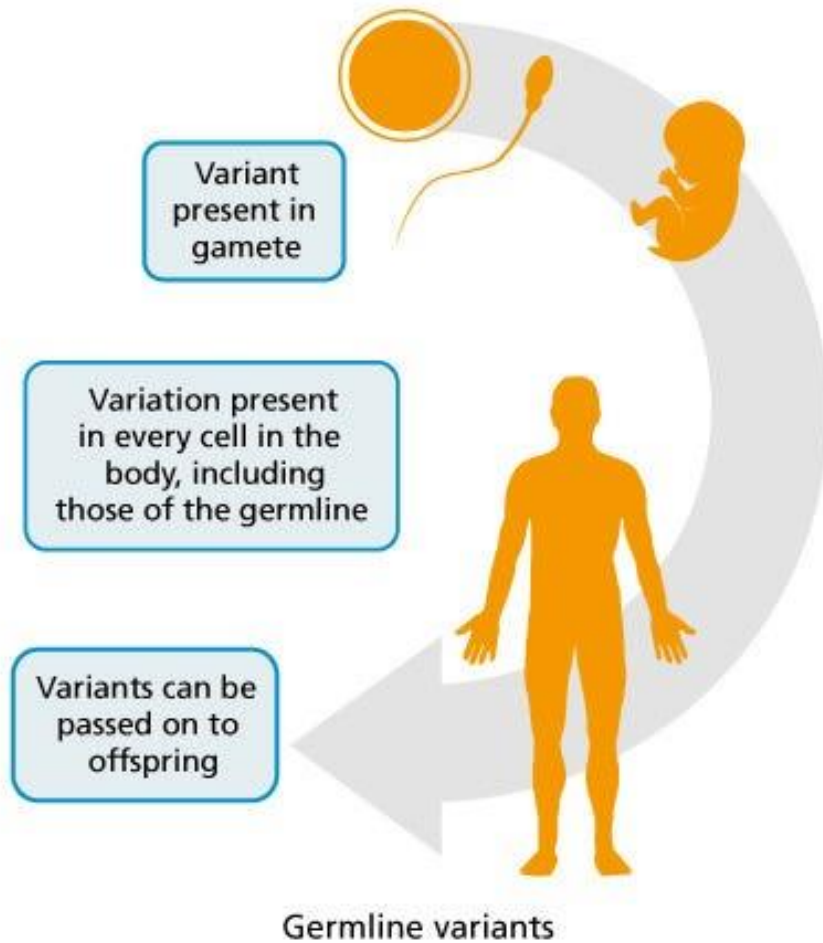
- WGS: 1000 X
- WES: 10 X



Limitations of standard NGS sequencing

- Regions with pseudogenes
 - *IKBKG* (NEMO), *NCF1* (p47 CGD)
- Large structural variations
 - *UNC13D* (FHLH, common inversion in N. europe)
- Somatic mosaicism
 - Rare somatic variants (<15% MAF) may be missed

IEI due to somatic mosaicism



Described somatic mutations in IEI:

NLRP3
NLRC4
TMEM173
UBA1
FAS
KRAS
NRAS
NOD2
STAT5b
JAK1
TLR8

What to send?

- Panels are a fine start, but negative results not definitive
- WES/WGS are most powerful approach
 - Trios are key: Always sequence parents too for variant interpretation
- Send a microarray +/- karyotype for anyone with syndromic features
 - WES and panels may not catch large CNVs or structural variants

3. Know your resources

- Online references:
 - Clinvar: <https://www.ncbi.nlm.nih.gov/clinvar/>
 - Gnomad: <https://gnomad.broadinstitute.org>
 - ClinGen Immunology CDWG:
<https://www.clinicalgenome.org/working-groups/clinical-domain/immunology/>
- Professional societies
 - Clinical Immunology Society listserv
 - AAAAI PID committee
- Clinical sequencing companies
 - Geneticists will usually be willing to discuss cases and variants

4. Know the payor system (and how to bypass them)

- Clinical sequencing usually requires prior authorization
 - Utilize consensus recommendations (CIS, AAAAI)
 - Template letters may be used to support PA's.
 - Peer to peer calls: emphasize that 1) genetic sequencing is diagnostic for many forms of IEI, and 2) Genetic diagnosis can change therapy
- Sponsored clinical sequencing
 - Jeffrey Modell Foundation
 - Pharming pharmaceuticals (APDS)
 - X4 Pharmaceutical (WHIM syndrome)

5. Know the Impact

- **Risk assessment:**

- Risk of HLH
 - XLP, XIAP, STAT1, STAT3, LRBA, CTLA4
- Risk of malignancies
 - APDS, MAGT1, CD27, LRBA
- Other co-morbidities (liver, lung, skin)

- **Targeted therapies**

- JAKinibs in STAT1, STAT3, STAT4, SOCS1, and interferonopathies
- Abatacept for LRBA, CTLA4, Treg-opathies
- Sirolimus, PI3K inhibitors for APDS
- HSCT in severe cases

Conclusions

- Sequencing is critical for diagnosis and care of IEI
 - Early sequencing → faster diagnosis
 - Genetic dx often changes approach to treatment
- Interpretation of VUSs can be challenging
 - Many good tools online
 - Make use of local and national expertise
 - AAAAI PID committee membership
 - CIS Listserv

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