

“Friday is our spring picnic and nature hike at the forest preserve,” Mr. Stephan told his class. “During the nature hike we’ll try to find some of the plants we’ve been studying in our science unit. And then we’ll all have a picnic lunch together, so don’t forget to bring a sack lunch that day. Our chaperones will bake cookies and brownies for everyone to share after lunch.”

Cookies and brownies – yum! But what if they’re made with peanuts? I’m allergic to peanuts, and if I eat even a tiny bit of them by mistake I might not be able to breathe. Then I’d have to go to the hospital – and I hate going to the hospital!

Find plants? But what if they have flowers and bees start to follow us? I’m allergic to bees, and if I get stung I might not be able to breathe. Then I’d have to go to the hospital – and I hate going to the hospital!

