

School Nurse Asthma Care Checklist (National Association of School Nurses)*

Assessment

- Review intake/registration form to identify students with asthma.
- Contact caregiver for further information, student history, triggers, caregiver concerns, health release form, and primary care provider (PCP)/asthma care specialist (ACS) contact information.
- Assess financial needs, and language or culture beliefs.
- Contact PCP/ACS to validate medical diagnoses and obtain list of current medications, treatments, etc.
- Assess student's knowledge, ability to self-manage, with consideration of language and developmental needs.
- Collect baseline student data; such as last PCP/ACS visit, exacerbations, hospital/ED visits, vital signs, inhaler use, attendance.
- Assess if specific triggers are present in the school for students with a known current diagnosis.

Diagnosis

- Establish nursing diagnoses based on assessment data.

Outcome

- Identify appropriate short, intermediate and long term goals and outcomes with student, caregiver, and PCP/ACS.
- Outcomes should be measurable and include an expected time frame. Can include academic, psychosocial, quality of life, health.

Planning

- Verify that each student has a current (within 12 months) Asthma Action Plan (AAP) to manage episodic exacerbations.
- In addition to AAP, develop, if needed, an evidence-based individualized healthcare plan (IHP) in coordination with the student, family, and need-to-know school staff. The IHP should promote continuity, be culturally sensitive, and include a strategy for evaluation.
- Develop a plan for emergencies/disasters, field trips and when the school nurse is not available.
- Participate in the IEP or 504 process if accommodations are needed.

Implementation

- Complete actions as outlined in the AAP and IHP, to include: Episodic care, coordination of care, health teaching, health promotion, consultation, communication, and documentation.
- Ensure materials provided to teachers and other staff is written appropriately for the audience.

Evaluation

- Regularly evaluate to determine if nursing goals and student outcomes are being met.
- Periodically evaluate the plan, including what is going well, barriers, concerns, and what would student/caregiver/staff like changed.
- Evaluation of school support staff for additional educational needs.
- Address emotional, cultural, developmental and language needs,
- Evaluate student adherence to the plan at each episodic visit to the school nurse.
- Revise plan and implementation of care accordingly in response to evaluation results to improve outcomes.
- At least once a year, review overall impact of plan and any changes needed in collaboration with the student.

*https://www.nasn.org/portals/0/resources/2015_asthma_care_checklist.pdf

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