

Essential features of a school-related Asthma Action Plan

	School Significance	Patient Effect
A Asthma severity	<ul style="list-style-type: none"> Recognize and provide direct patient care to patients with severe asthma. Monitor controller medication use. 	<ul style="list-style-type: none"> Student-centered care. Improves medication adherence.
B Recurrent/severe exacerbations	<ul style="list-style-type: none"> Recognize high risk students and step-up asthma care if needed. 	<ul style="list-style-type: none"> Provides symptom directed step-up care. Earlier transfer to higher level of care.
C Prophylactic reliever prior to exercise	<ul style="list-style-type: none"> Recognize which students require scheduled relievers prior to activity vs students who can self-carry relievers. 	<ul style="list-style-type: none"> Minimizes class absences for school nurse visits.
D-F Stoplight zones	<ul style="list-style-type: none"> Provide chronic, acute, and emergency treatment plan 	<ul style="list-style-type: none"> Allows for patient-centered treatment
G Triggers	<ul style="list-style-type: none"> Identify asthma triggers in the school. Educate patient about these triggers and avoidance. 	<ul style="list-style-type: none"> Decreases/avoids exposures to triggers. Improves asthma control.
H Self-administer approval and nurse agreement	<ul style="list-style-type: none"> Designates children who can self-carry medications 	<ul style="list-style-type: none"> Allows early administration in acute need.
I Contact information	<ul style="list-style-type: none"> Provides easily accessible and accurate provider contact information. 	<ul style="list-style-type: none"> Improves care coordination.
J Parent release	<ul style="list-style-type: none"> Authorizes providers and nurses to communicate in accordance with HIPPA and FERPA privacy laws. 	<ul style="list-style-type: none"> Ensures patient privacy and continued care coordination.
K Nurse acknowledgement	<ul style="list-style-type: none"> Acknowledges receipt and school agreement plan outlined in the AAP. 	<ul style="list-style-type: none"> Improves circle of communication between providers and school nurses.